

BUILDING RESILIENCE FOR HIGH PERFORMANCE

Individuals who flourish in an agile business environment need to demonstrate a high level of resilience and the ability to handle ambiguity without losing focus.

High-performing leaders are passionate about understanding the challenges of being a resilient leader in an environment that is ever-changing, complex and fast-paced. They recognise that the required leadership practices to become a resilient leader includes the ability to embrace change and make courageous decisions.

This two-day masterclass comprises of a series of practical facilitated sessions, and an experiential immersion with horses that allows leaders to practice, in real-time, the behaviours and skills of an agile and resilient leader.

Course overview

This 2 day masterclass is an immersive experience which allows leaders to demonstrate an increased capacity to flourish in an agile environment. As leaders, they will develop a higher level of inner resilience, and an ability to courageously manage ambiguity without losing focus and motivation.

The masterclass will challenge participants to question their current mode of thinking and explore new opportunities for behavioural change and performance improvement.

Who is this masterclass for?

This masterclass is aimed at all management and professional levels, as well as individuals looking at building their resilience and are open to exploring their development areas or blind spots.

Why choose this masterclass?

Participants will identify and develop the drivers of emotional resilience that transforms leaders to reach a state of thriving and high performance.

Delegates will be introduced to a revolutionary optimization platform that transforms leaders to reach a state of thriving and high performance. The platform identifies the most important drivers that affect the brain/body system. Optimising these for the leaders and teams of any organisation would result in a high-performing, thriving business.

These drivers differentially and collectively optimize the brain/body system by enhancing the 4 core leadership competencies of:

- Resilience
- Learning Capacity
- Self-Leadership
- Innovation

The immersive experience creates shifts in thought and action by challenging assumptions and mental models.

Duration

2 Days.

Price

R14 168 incl. VAT