



basic education

Department:
Basic Education
REPUBLIC OF SOUTH AFRICA

NATIONAL SENIOR CERTIFICATE

GRADE 12

DANCE STUDIES

NOVEMBER 2022

MARKS: 150

TIME: 3 hours

This question paper consists of 12 pages.



INSTRUCTIONS AND INFORMATION

1. This question paper consists of TWO sections with EIGHT questions in total.
2. SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE (60 marks)
 - Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 2.2 and QUESTION 2.3. If you answer both questions, only the FIRST answer will be marked.

SECTION B: DANCE HISTORY AND LITERACY (90 marks)

- Answer ALL FOUR questions in this section.
 - You have a choice between QUESTION 5.4 and QUESTION 5.5. If you answer both questions, only the FIRST answer will be marked.
3. Number the answers correctly according to the numbering system used in this question paper.
 4. Read each question carefully and take note of what is required.
 5. Read the ACTION VERB at the start of each question to see what is required.

EXAMPLES OF ACTION VERBS USED IN THE QUESTIONS:

LOW-LEVEL QUESTIONS: choose, find, name, match, define, true or false

MEDIUM-LEVEL QUESTIONS: describe, explain, elaborate

HIGH-LEVEL QUESTIONS: analyse, evaluate, argue, give opinion

6. You may do rough planning in your ANSWER BOOK. Draw a line through any work that should NOT be marked.
7. You will be assessed on your ability to:
 - Write in one language only
 - Organise and communicate information clearly
 - Use the specific format asked for in certain questions
 - Use specialist dance terminology, where appropriate
8. Write neatly and legibly.



SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE

QUESTION 1: DANCE INJURIES

1.1 Change the underlined word(s) in the following sentences to make the statements TRUE. Write the appropriate word(s) next to the question numbers (1.1.1 to 1.1.3) in the ANSWER BOOK.

1.1.1 Cooling down accelerates the heart rate. (1)

1.1.2 Static stretching is normally done as a warm up. (1)

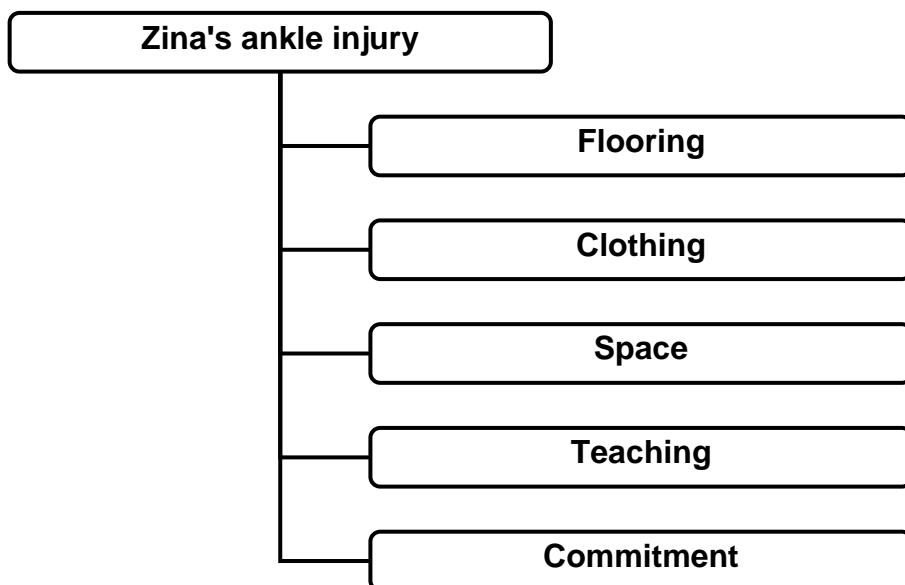
1.1.3 To land safely after a jump, you should land through your feet with your knees straight. (1)

1.2 1.2.1 State ONE way in which cooling an injured area of the body could help with treatment. (1)

1.2.2 State ONE way a bandage could help with the treatment of injuries. (1)

1.3 Zina sprained her ankle while practising her solo in the dance class.

Identify and explain TWO possible causes for Zina's injury under EACH of the headings below:



(5 x 2) (10)
[15]



QUESTION 2: COMPONENTS OF FITNESS

- 2.1 Choose a description from COLUMN B that matches a term in COLUMN A. Write only the letter (A–E) next to the question numbers (2.1.1 to 2.1.5) in the ANSWER BOOK.

COLUMN A		COLUMN B	
2.1.1	Agility	A	personal understanding of how the body moves in space
2.1.2	Musicality	B	an instant response to different and changing circumstances
2.1.3	Reactivity	C	interpreting different qualities and emotions of a piece of music
2.1.4	Kinaesthetic awareness	D	two body parts working effectively at the same time
2.1.5	Coordination	E	moving quickly and efficiently through space

(5 x 1)

(5)



NOTE: You have a choice between QUESTION 2.2 and QUESTION 2.3.
Answer only ONE of these questions.

2.2 Study the image below and answer the questions that follow.



[Source: <https://i.pinimg.com/564x/2d/c0/91/2dc091e2eb6cb92af02ecc3adf1b5155.jpg>]

2.2.1 Analyse how flexibility is being used by the dancer in the image above. (4)

2.2.2 Describe ONE exercise that a dancer could do to develop flexibility in order to perform the movement above. (3)

OR

2.3 2.3.1 Analyse how muscular strength is being used by the dancer in the image above. (4)

2.3.2 Describe ONE exercise that a dancer could do to develop muscular strength in order to perform the movement above. (3)



NOTE: QUESTION 2.4 is COMPULSORY.

- 2.4 As a dance learner, you are required to regularly reflect on your practical process. Read the journal entry below and answer the following question.

19 April 2022

Today's class was exciting because I learnt new exercises. I enjoyed this very much but some things were difficult.

Things that need work:

- I was out of breath at the end of the class.
- I struggled to control positions and kept falling over.
- I bumped into my friend when doing the turning exercise.
- Pointing my feet during the jumps was extremely challenging.

NOTE TO SELF: FIND OUT WHAT TO DO BEFORE THE NEXT CLASS!

Write a response to this learner. In your answer identify the areas that need addressing and suggest ways to improve the problems he/she is experiencing in the dance class.

(8)
[20]

QUESTION 3: GENERAL HEALTH CARE

Read the text below and answer the following questions.

Thanks to my nutritionist, I've started eating right. Now I desperately want to improve my negative body image. My friends tell me I look good, but I don't believe them. I obsess over every flaw and find class depressing. What should I do?

– Crappy Body Image, Hoboken, NJ

[Source: <https://www.dancemagazine.com/mirror-body-image/>]

- 3.1 What possible advice did the nutritionist give this dancer so that he/she started 'eating right'? Give FIVE ideas/examples. (5)
- 3.2 Suggest ways in which this dancer's peers could assist him/her to improve his/her body image inside and outside the dance class. (5)

(5)
[10]



QUESTION 4: DANCE PERFORMANCE

4.1 Discuss FIVE stage and/or class conventions you have learnt about in Dance Studies. (5)

4.2 Your class has been tasked to debate the following topic:

This or That: Technique vs Performance Skills

In your argument consider the value or importance of technique vs performance skills. Substantiate your argument. (10)
[15]

TOTAL SECTION A: 60



SECTION B: DANCE HISTORY AND LITERACY**QUESTION 5: IMPROVISATION AND CHOREOGRAPHY**

- 5.1 Choose ONE word/term from the list below for EACH of the following descriptions. Write only the word/term next to the question numbers (5.1.1 to 5.1.6) in the ANSWER BOOK.

asymmetry; canon; positive space; duration;
negative space; climax; unison movement

- 5.1.1 An empty space with nothing in it (1)
- 5.1.2 Many dancers performing the same movement at the same time (1)
- 5.1.3 All dancers performing the same movement at different times (1)
- 5.1.4 When movements on the right and the left side of the body do not match (1)
- 5.1.5 How long it takes to perform a movement (1)
- 5.1.6 The highlight or unforgettable moment of a dance (1)
- 5.2 During your choreography PAT, you developed various skills.
Identify TWO skills and explain how they contributed to the success of your PAT. (2 x 2) (4)
- 5.3 In Dance Studies you have learnt about conventional and non-conventional performance spaces.
Explain the effect that these different spaces could have on a dance work. (8)



NOTE: You have a choice between QUESTION 5.4 and QUESTION 5.5.
Answer only ONE of these questions.

5.4 Symbolism is used in the image below.



[Source: <https://www.theguardian.com/stage/2018/aug/05/stoel-chair-review-zoo-southside-edinburgh-compagnie-nyash>]

5.4.1 Explain your interpretation of the symbolism used in the image above. (3)

5.4.2 Create a title and a brief synopsis based on your interpretation of QUESTION 5.4.1. (4)

OR

5.5 Use the quote below for inspiration and explain how you would interpret it symbolically when creating a choreography. Include a title that would suit your choreography.

'Apho igazi lenu lithe lathontsizela khona,
Komila intyatyambo evumba limnandi,
Eliya kuthwala ngamaphiko empepho,
Zithi zonke izizwe zilirhogole.'

'Wherever your blood has dropped, will
Blossom a flower of exceeding sweetness,
Whose scent will be carried on the wings
Of the air, and all the nations will inhale it.'

'Waar ook al jou bloed geval het, sal
'n blom bloei van buitengewone soetheid,
Wie se geur op die vlerke van die lug gedra
sal word, en al die nasies sal dit inasem.'

– JJR Jolobe

[Source: <https://www.poemsearcher.com/topic/isixhosa#&qid=1&pid=3>]

(7)
[25]



QUESTION 6: DANCE LITERACY

- 6.1 Choose the correct word(s) from those given in brackets. Write only the word(s) next to the question numbers (6.1.1. to 6.1.6) in the ANSWER BOOK.
- 6.1.1 The (stage manager/costume designer) is in charge of the technical staff, cast and crew in a stage production. (1)
- 6.1.2 The (set designer/dancer) remembers routines/sequences and has a good level of technique and confidence when performing. (1)
- 6.1.3 The (dance critic/choreographer) conceptualises and creates a dance based on a theme/idea. (1)
- 6.1.4 The (dance teacher/videographer) plans and delivers appropriate lessons and understands how students learn. (1)
- 6.1.5 The (sound technician/physiotherapist) has good knowledge of anatomy and healthcare in order to treat/rehabilitate the body after an injury. (1)
- 6.1.6 The (personal trainer/arts administrator) motivates people to improve their fitness and develops suitable training programmes. (1)
- 6.2 Give your opinion on how the functions of dance are beneficial to society. (6)
- 6.3 Name your dance major. Discuss EIGHT facts about the history of your dance major. (8)
- 6.4 Write a paragraph evaluating whether cultural dances have evolved or remained unchanged in recent times. Substantiate your answer with examples. (5)
- [25]**



QUESTION 7: DANCE WORK

Choose ONE dance work that you have studied from the list below.

INTERNATIONAL CHOREOGRAPHERS	DANCE WORKS
George Balanchine	<i>Apollo</i>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentations</i>
Christopher Bruce	<i>Ghost Dances</i>

SOUTH AFRICAN CHOREOGRAPHERS	DANCE WORKS
Veronica Paeper	<i>Orpheus in the Underworld</i>
Vincent Mantsoe	<i>Gula Matari</i>
Alfred Hinkel	<i>Bolero OR Cargo</i>
Sylvia Glasser	<i>Tranceformations</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Gregory Maqoma	<i>Four Seasons OR Skeleton Dry</i>

- 7.1 Design a mind map in the ANSWER BOOK. You must use a double page but you do not have to use different colours in your design.

Include the following information in your mind map:

- The name of the dance work
- Storyline/Theme/Synopsis/Intent
- Production elements
- Music/Accompaniment

(15)

- 7.2 Analyse the movement vocabulary and symbolism used in the dance work selected in QUESTION 7.1. Give specific examples of movement in your answer.

(10)
[25]



QUESTION 8: CHOREOGRAPHER

Choose ONE choreographer that you have studied in class from the list below.

SOUTH AFRICAN CHOREOGRAPHERS	INTERNATIONAL CHOREOGRAPHERS
Alfred Hinkel	Alvin Ailey
Gregory Maqoma	Martha Graham
Sylvia Glasser	George Balanchine
Veronica Paeper	Christopher Bruce
Vincent Mantsoe	
Mavis Becker	
Hazel Acosta	

Write an article for a dance magazine about this choreographer. Start your article with the following title:

THE LIFE AND WORK OF ...

[15]

TOTAL SECTION B: 90
GRAND TOTAL: 150

