



# basic education

Department:  
Basic Education  
**REPUBLIC OF SOUTH AFRICA**

**SENIOR CERTIFICATE/  
NATIONAL SENIOR CERTIFICATE**

**GRADE 12**

**DNCE.1  
DANCE STUDIES  
NOVEMBER 2020**

**MARKS: 100**

**TIME: 3 hours**

**This question paper consists of 12 pages.**

# **AFTERNOON SESSION**



**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of TWO sections with 12 questions in total. Answer only EIGHT questions as follows:

**SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE (40 marks)**

- Answer FOUR of the FIVE questions in this section.
- You have a choice between QUESTION 2 and QUESTION 3. If you answer both questions, only the FIRST answer will be marked.

**SECTION B: DANCE HISTORY AND LITERACY (60 marks)**

- Answer FOUR of the SEVEN questions in this section.
- You have a choice between:
  - QUESTION 7 and QUESTION 8. Choose only ONE.
  - QUESTION 9 and QUESTION 10. Choose only ONE.
  - QUESTION 11 and QUESTION 12. Choose only ONE.
- If you answer both options of the choice questions only the FIRST answer will be marked.

2. Number the answers correctly according to the numbering system used in this question paper.
3. Read each question carefully and take note of what is asked.
4. If you are asked to explain/elaborate/describe/analyse/evaluate/compare, etc., write your answer in full sentences. One-word answers will NOT be accepted.
5. You may do rough planning in the ANSWER BOOK. Draw a line through any work that should NOT be marked.
6. You will be assessed on your ability to:
  - Write in one language only
  - Organise and communicate information clearly
  - Use the specific format asked for in certain questions
  - Use specialist dance terminology, where appropriate
7. Write neatly and legibly.



**SECTION A: SAFE DANCE PRACTICE AND HEALTH CARE****QUESTION 1: WARM-UP AND COOL DOWN (COMPULSORY)**

- 1.1 Identify FIVE reasons for a cool-down routine. (5)
- 1.2 Analyse the advantages of using a dynamic warm-up routine to prepare for a dance class. (5)
- [10]**

**NOTE:** You have a choice between QUESTION 2 and QUESTION 3.  
Answer only ONE of these questions.

**QUESTION 2: DANCE PERFORMANCE (CHOICE QUESTION)**

Dancing is more than learning a technique. Many skills and movement qualities are required when performing in class or on stage.

- 2.1 Name FIVE dance performance skills/qualities required from a dancer. (5)
- 2.2 Analyse EACH of the skills/qualities you have named in QUESTION 2.1. Explain how it would improve your dance performance. (5)
- [10]**

**OR**

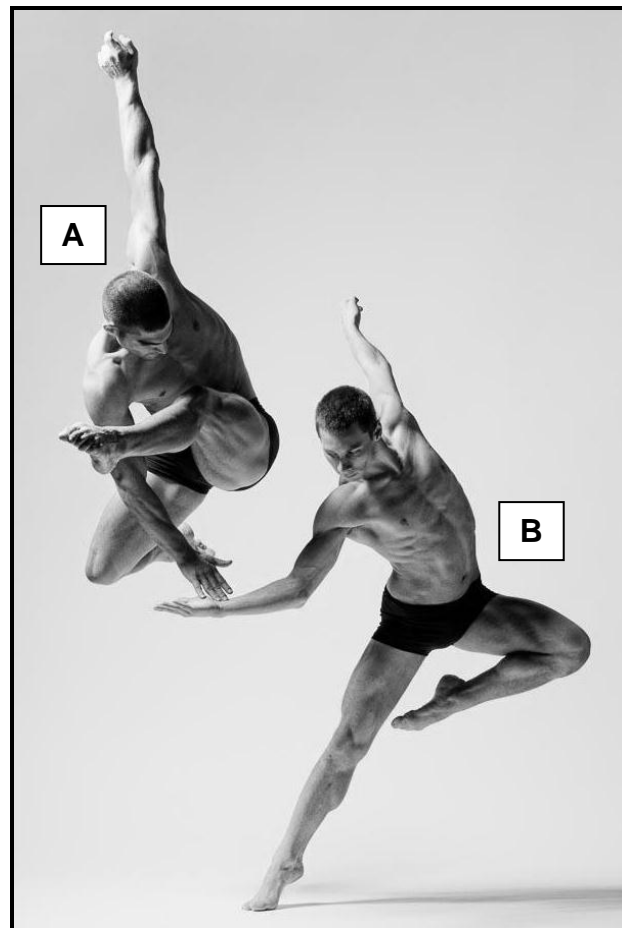


**QUESTION 3: MUSCLES AND ANATOMICAL ACTIONS (CHOICE QUESTION)**

Choose ONE of the dancers in the photograph below, Dancer **A** or Dancer **B**.

Answer QUESTION 3.1 if you choose Dancer **A**.

Answer QUESTION 3.2 if you choose Dancer **B**.



[Source: [www.peddecordphoto.com/galleries/portfolio-studio](http://www.peddecordphoto.com/galleries/portfolio-studio)]

3.1 Dancer **A**:

Identify any FIVE muscles Dancer **A** is using to achieve the position of his torso and shoulder joints. Include muscles from both areas.

Next to EACH muscle you have identified, analyse which anatomical action is occurring. (5 + 5) [10]

OR

3.2 Dancer **B**:

Identify any FIVE muscles Dancer **B** is using to achieve the position of his raised leg.

Next to EACH muscle you have identified, analyse which anatomical action is occurring. (5 + 5) [10]

**QUESTION 4: COMMON CAUSES OF INJURIES (COMPULSORY)**

Prepare STUDY NOTES for the Grade 10 dance learners that include the following:

Identify FIVE common causes of injuries in the dance class. Explain how EACH cause could lead to an injury.

**[10]****QUESTION 5: COMPONENTS OF FITNESS (COMPULSORY)**

Copy the table below into your ANSWER BOOK and give the information below.

5.1 Name ONE exercise a dancer could use to develop EACH of the FIVE components of fitness (5.1.1–5.1.5).

**(5)**

5.2 Explain the benefit of EACH exercise named in QUESTION 5.1 and how it develops the body.

<b>COMPONENT OF FITNESS</b>	<b>5.1</b>	<b>5.2</b>
	<b>NAME OF EXERCISE</b>	<b>BENEFIT</b>
Core stability	5.1.1	5.2.1
Endurance	5.1.2	5.2.2
Neuromuscular skills	5.1.3	5.2.3
Flexibility	5.1.4	5.2.4
Strength	5.1.5	5.2.5

**(5)**  
**[10]****TOTAL SECTION A: 40**

**SECTION B: DANCE HISTORY AND LITERACY****QUESTION 6: DANCE MAJOR (COMPULSORY)**

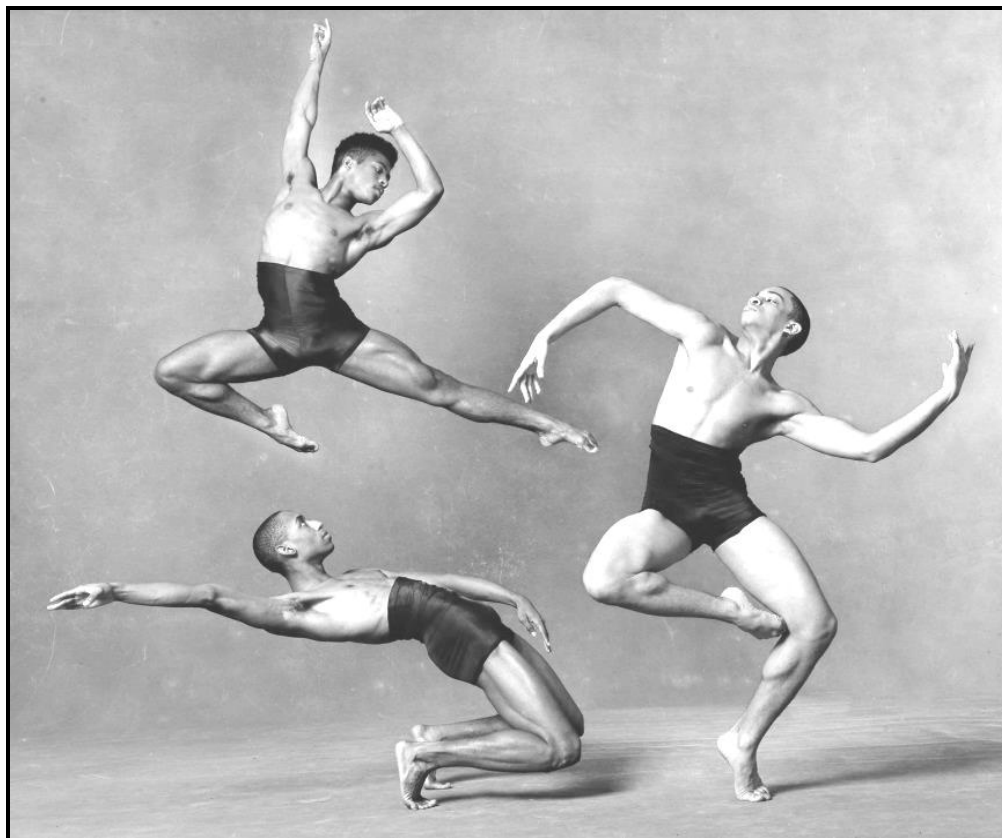
Name your dance major (the dance genre you have studied at school).

- 6.1 Describe the characteristics of your dance major/genre under the following headings:
- 6.1.1 Costumes/Attire (3)
- 6.1.2 Music/Accompaniment (3)
- 6.2 Name THREE different movement principles/techniques used in your dance major/genre. (3)
- 6.3 Explain how EACH principle/technique you have named in QUESTION 6.2 is used in your dance major/genre. (3)
- [12]**



**NOTE:** You have a choice between QUESTION 7 and QUESTION 8.  
Answer only ONE of these questions.

**QUESTION 7: DANCE ELEMENTS (CHOICE QUESTION)**



[Source: [www.theaileyschool.edu](http://www.theaileyschool.edu)]

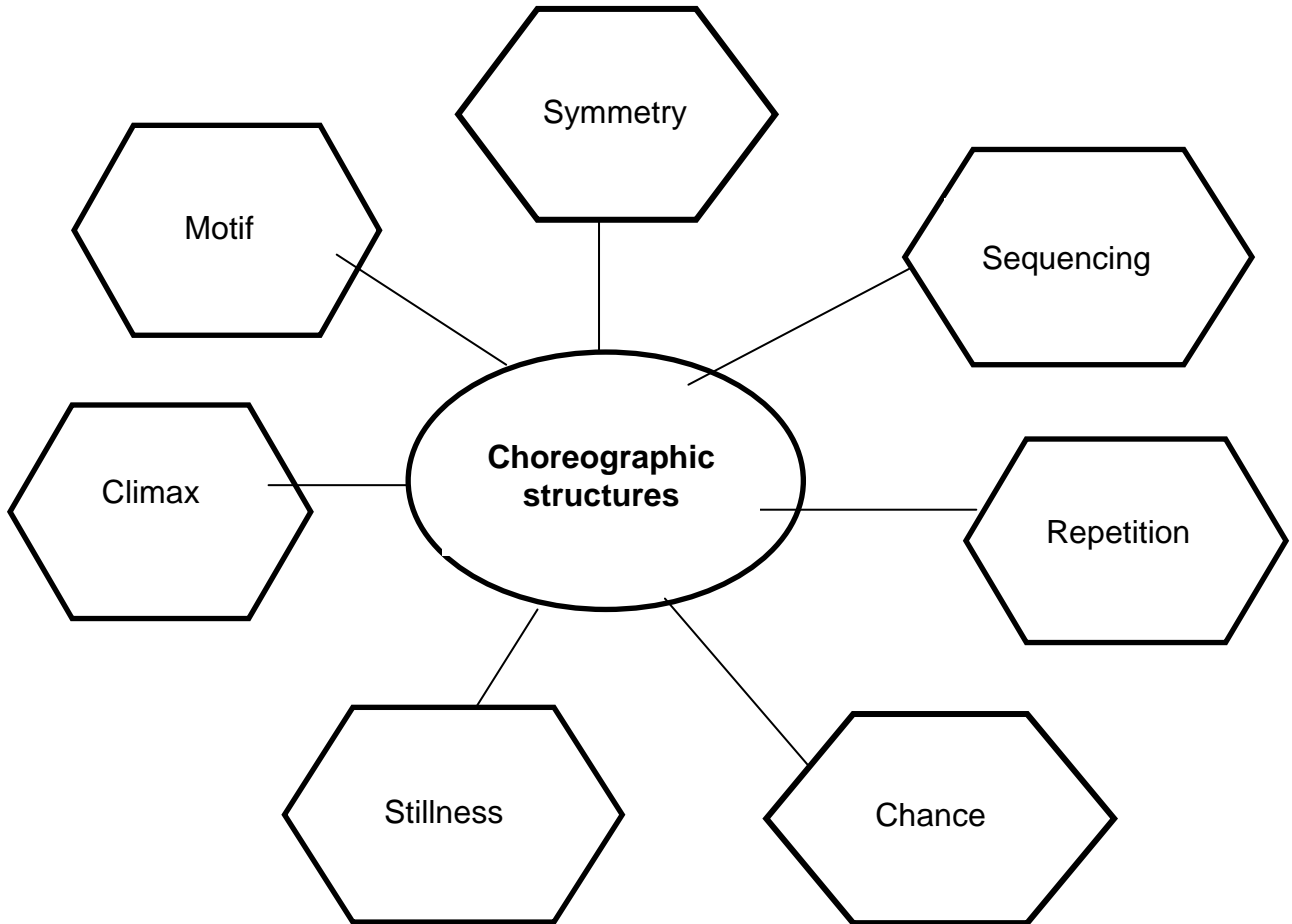
- 7.1 Give a clear explanation of how the dance element, SPACE, has been used in the photograph of the dancers above. (4)
- 7.2 Evaluate how the dance element, FORCE, is used in the photograph above. Substantiate your answer with clear examples. (4)
- [8]**

**OR**



**QUESTION 8: CHOREOGRAPHIC STRUCTURES AND CHOREOGRAPHY  
(CHOICE QUESTION)**

8.1 Select any FOUR choreographic structures from the options below. Name and explain the purpose of EACH structure you have chosen.



(4)

8.2 Evaluate FOUR different ways in which a choreographer could use technology as a choreographic tool to create original dance works.

(4)  
**[8]**





**NOTE:** You have a choice between QUESTION 9 and QUESTION 10.  
Answer only ONE of these questions.

**QUESTION 9: INTERNATIONAL CHOREOGRAPHER (CHOICE QUESTION)**

<b>INTERNATIONAL CHOREOGRAPHERS</b>
Alvin Ailey
Martha Graham
George Balanchine
Christopher Bruce
Mathew Bourne
Pina Bausch
William Forsythe
Mats Ek
Rudi van Dantzig
Jiří Kylián

Choose ONE international choreographer from the prescribed list above.

Name the international choreographer you have chosen.

Write a PROGRAMME NOTE organising and communicating the following information in any order:

- Correct format (2)
  - Interesting facts about the choreographer's training and professional career (10)
  - The movement vocabulary used by the choreographer. (2)
  - Influences on the choreographer's dance style (3)
  - The choreographer's contribution to the art of dance (3)
- [20]**

**OR**



**QUESTION 10: SOUTH AFRICAN CHOREOGRAPHER (CHOICE QUESTION)**

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>
Alfred Hinkel
Gregory Maqoma
Sylvia Glasser
Veronica Paeper
Vincent Mantsoe
Dada Masilo
Gary Gordon
Mavis Becker
Hazel Acosta
Carolyn Holden

Choose ONE South African choreographer from the prescribed list above.

Name the South African choreographer you have selected.

Write a SPEECH for Grade 10 Dance Studies learners communicating the following information in any order:

- Correct format (2)
  - The choreographer's dance training and professional career (10)
  - The movement vocabulary used by the choreographer (2)
  - The choreographic characteristics the choreographer uses in his/her dance works (3)
  - Evaluate the impact that the choreographer's professional career has made on the South African dance community (3)
- [20]**



**NOTE:** You have a choice between QUESTION 11 and QUESTION 12.  
Answer only ONE of these questions.

**QUESTION 11: INTERNATIONAL DANCE WORK (CHOICE QUESTION)**

<b>INTERNATIONAL CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
Alvin Ailey	<i>Revelations</i>
Martha Graham	<i>Lamentations OR Errand into the Maze</i>
George Balanchine	<i>Apollo OR Jewels</i>
Christopher Bruce	<i>Ghost Dances OR Rooster</i>
Mathew Bourne	<i>Swan Lake OR Cinderella</i>
Pina Bausch	<i>The Rite of Spring</i>
William Forsythe	<i>In the Middle, Somewhat Elevated</i>
Mats Ek	<i>Giselle OR Swan Lake OR Carmen</i>
Rudi van Dantzig	<i>Four Last Songs</i>
Jiří Kylián	<i>Wings of Wax OR Stamping Ground</i>

Choose ONE international dance work from the prescribed list above.

Write an ARTICLE for a dance magazine on the dance work you have selected.

Name the dance work and the choreographer.

Organise and communicate the following information in any order:

- Correct format (3)
  - Sources of inspiration (3)
  - The movement vocabulary used in the dance work (4)
  - How production elements were used. Give examples from the dance work to strengthen your answer. (5)
  - Your opinion on the importance of this dance work, as well as its meaning and relevance today (5)
- [20]**

**OR**



**QUESTION 12: SOUTH AFRICAN DANCE WORK (CHOICE QUESTION)**

<b>SOUTH AFRICAN CHOREOGRAPHERS</b>	<b>DANCE WORKS</b>
Alfred Hinkel	<i>Bolero – Last Dance OR Rain in a Dead Man's Footprint OR Cargo</i>
Gregory Maqoma	<i>Four Seasons OR Beauty Trilogy OR Skeleton Dry OR Somehow Delightful</i>
Sylvia Glasser	<i>Tranceformations</i>
Veronica Paeper	<i>Orpheus in the Underworld OR Carmen</i>
Vincent Mantsoe	<i>Gula Matari</i>
Dada Masilo	<i>Swan Lake OR Romeo and Juliet</i>
Gary Gordon	<i>Bessie's Head</i>
Mavis Becker	<i>Flamenco de Africa</i>
Hazel Acosta	<i>Blood Wedding</i>
Carolyn Holden	<i>Imagenes</i>

Choose ONE South African dance work from the prescribed list above.

Write an ARTICLE for a dance magazine on the dance work you have selected.

Name the dance work and choreographer.

Organise and communicate the following information in any order:

- Correct format (3)
  - Identify sources of inspiration used by the choreographer (3)
  - Explain how the movement vocabulary used in the dance work communicates the theme/intent of the dance work. (4)
  - How does this work use production elements to add to the theme/intent of the dance work? Include examples to substantiate your answer. (5)
  - In your opinion, how does this dance work contribute to dance and society? Substantiate your point of view. (5)
- [20]**

**TOTAL SECTION B: 60**  
**GRAND TOTAL: 100**

